

April 8– May 18, 2012

Transformation F.I.T.

This F.I.T. Camp is all about *sizzling* muscle burn to capitalize on your fat metabolism for the hours after your workout is over.



Times:

Mon/Wed/Fri 10am
Mon/Wed 6:30pm
Tue//Thur 5:30pm



Cost:

12 mo. F.I.T.—\$175/mo*
*unlimited access

12 mo. Punch Card-\$140/mo*
6 mo. Punch Card-\$150/mo*
3 mo. Punch Card-\$160/mo*
*Sessions must be used by expiration

Training Better for LIFE!



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